



Welcome to Your Symbol Clinic

Your Guide to Getting Started:

Explore Comprehensive Healthcare Services at your near-site/
on-site clinic.

- ✓ **Zero Cost**
- ✓ **Convenient**
- ✓ **Tailored for You**



SERVICES



Comprehensive Primary Care

- » Chronic disease management
- » Specialist referrals and coordination
- » Annual physical exams



Urgent Care/First Aid

- » Acute care
- » Point of care testing
- » First aid & injury care



On-site Prescription Medication Dispensing

- » Acute prescriptions
- » Maintenance prescriptions
- » Insulin Supplies



Laboratory Diagnostics

- » Routine labs
- » Specialized labs
- » Outside provider orders



Vaccinations

- » Influenza & COVID
- » Shingles
- » Pneumococcal
- » Hepatitis
- » HPV and more



Wellness Program

- » Biometric screening
- » Primary care integration
- » Health coaching



TeleMedicine

- » Via telephone or video call
- » Easy access in your Patient Portal

all at zero-cost
to you!

100% HIPAA Compliant

Your employer may be offering you access to Symbol services, but your personal health information is completely secure, confidential, and is never shared with your employer. Patient privacy is protected under federal HIPAA regulations, state laws, local health department guidance, and ethical codes of health and wellness professionals. Patient information may not be disclosed without the informed, explicit consent of the patient.

CLINIC LOCATIONS & ELIGIBILITY



All Baldwin County employees, spouses, dependents (ages 2+) and retirees enrolled on the employer insurance plan have direct access to the Symbol clinic and all services provided.

CLINIC LOCATIONS & HOURS

844.7.SYMBOL

BAY MINETTE

324 Courthouse Sq.
Bay Minette, AL 36507
BCBMclinic@symbolhealth.com
Direct Line: 251.580.2555

Mon/Wed/Fri: 7am - 4pm
Tues/Thurs: 8:30am - 5:30pm
(closed 12:30pm - 1:30pm daily)

GULF SHORES

204 West 19th Ave.
Gulf Shores, AL 36542
gs@symbolhealth.com
Direct Line: 251.968.9820

Mon/Wed/Fri: 7am - 11am
Tues/Thurs: 1pm - 5pm

FAIRHOPE

451 Pecan Ave.
Fairhope, AL 36532
fairhope@symbolhealth.com
Direct Line: 844.7.SYMBOL

Mon/Wed/Fri: 1pm - 5pm
Tues/Thurs: 7am - 12pm

FOLEY

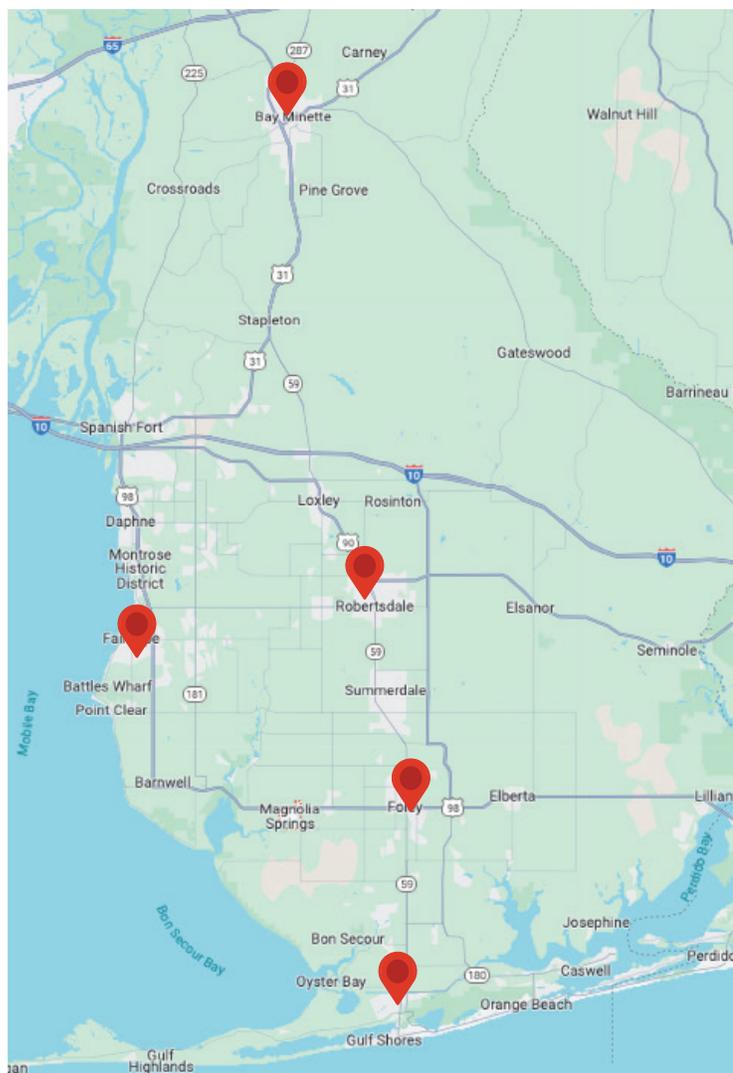
230 East Orange Ave.
Foley, AL 36535
foley@symbolhealth.com
Direct Line: 251.943.6166

Mon-Fri: 7am - 4pm
(closed 11am - 12pm daily)

ROBERTSDALE

22259-A Palmer St.
Robertsdale, AL 36567
BCRclinic@symbolhealth.com
Direct Line: 251.970.4075

Mon/Wed/Fri: 7am - 4pm
Tues/Thurs: 8am - 5pm
(closed 12pm - 1pm daily)



MEDICATION DISPENSING

The Symbol Clinic provides you zero copay onsite dispensing of generic prescription medication.

- 1 Establish care and work with your Symbol provider to find the right medication(s) for you.
- 2 Talk to your Symbol provider about transferring your current prescription(s) to your Symbol Clinic.

If you're already taking any of these brand name medications, Symbol offers them in generic form FREE OF COST to you

ANTIBIOTICS/ANTIVIRALS/ANTIFUNGALS

AMOXICILLIN
AUGMENTIN
BACTROBAN
CIPRO
CLEOCIN
DIFLUCAN
DOXYCYCLINE
FLAGYL
KEFLEX
MACRODANTIN
OCUFLOX
TAMIFLU
TRIDERM
VALTRES
ZITHROMAX (Z-PAK)

ASTHMA/COPD: INHALERS

PROAIR
SINGLAIR

DIABETIC CARE

AMARYL
GLUCOPHAGE
HUMALOG
METFORMIN
NOVOLOG
SEMGLEE

Insulin needles
Insulin syringes
Glucose meters
Glucose strips

GASTROINTESTINAL:

ANTIEMETICS/ANTACIDS
BENTYL
MOTION SICKNESS (Meclizine)
PROTONIX
PEPCID
PRILOSEC
ZOFAN

HEART HEALTH:

BLOOD PRESSURE/CHOLESTEROL
CATAPRES
COREG
COZAAR
CRESTOR
DIOVAN
HYDROCHLOROTHIAZIDE
HYZAAR
KLOR-CON
LIPITOR
LOFIBRA
LOPID
LOTENSIN
MEVACOR
MICROZIDE
NORVASC
PLAVIX
PRINIVIL
TENORMIN
TOPROL
ZESTORETIC
ZESTRIL

MENTAL HEALTH

AMITRIPTYLINE
BUSPAR
BUSPIRONE
CELEXA
CYMBALTA
DESYREL
LEXAPRO
PROZAC
VENLAFAXINE
WELLBUTRIN
ZOLOFT

MUSCULOSKELETAL/RHEUMATOLOGY

DICLOFENAC SODIUM
FLEXERIL
ROBAXIN
ZYLOPRIM

PAIN MEDICATIONS: NSAIDS/ ANTI-INFLAMMATORIES/HEADACHE

CELEBREX
DELTASONE
IBUPROFEN
IMITREX
INDOMETHACIN
MEDROL
MOBIC (Meloxicam)
PREDNISONE
TOPAMAX

REPRODUCTIVE HEALTH:

URINARY/SEXUAL/THYROID
CIALIS
ESTRACE
FLOMAX
OXYBUTYNIN CHLORIDE
PROVERA
SYNTHROID
TRI FEMYNOR
VIAGRA

RESPIRATORY:

COUGH/COLD/ALLERGY
ALLEGRA
ATARAX
CHLOR-TRIMETON
FLONASE
PROMETHAZINE
TESSALON

TOBACCO CESSATION:

Nicotine gums
Nicotine lozenges
Nicotine patches
WELLBUTRIN
Plus free, personal coaching!

ESTABLISH CARE TODAY



Patient Portal Activation Instructions

- ✓ **Step 1: Call 844-7-SYMBOL** (844.779.6265) to schedule an appointment and register your patient portal account
- ✓ **Step 2: Activate your Patient Portal** by clicking on the “Click here to begin the registration process” link in the registration email from HFAlerts@nextgen.com (link expires in 5 days)
- ✓ **Step 3: Verify** your Date of Birth and click “Activate Account”
- ✓ **Step 4: Enter** desired Account Details and click “Update Account”
- ✓ **Step 5: Log in** with your new Username and Password
- ✓ **Step 6: Answer** basic demographic and insurance information

WELLNESS PROGRAM

Our mission is to identify health risk factors and help reduce them through lifestyle management. Together, we can explore topics such as nutrition, weight loss, tobacco cessation, increasing physical activity, reducing stress, and more. Additionally, we offer exciting opportunities to participate in achieving your health goals through fun challenges and monthly health awareness campaigns.



BIOMETRIC SCREENING

A biometric screening defines your base-line health status through a blood draw, blood pressure check, weigh-in and health risk assessment questionnaire.



HEALTH COACHING

Health Coaching sessions are typically 20 minute, live meetings in private settings. All coaching sessions are completely confidential and judgement-free. Your coach is here to listen and advise, not criticize.

Meet Kevin

Symbol knows that changing habits is hard; sometimes, you need someone you trust to inform, plan, motivate and hold you accountable to make healthier choices.

Contact Kevin Connors to meet your personalized health coach today and find out how to get your health on the right track!



Health Management Director
kconnors@symbolhealth.com

251.968.9820

CREATING A CULTURE OF WELLNESS IN THE WORKPLACE

